

Cloves

As the best home remedy method for **toothache** relief, **cloves** have antibacterial, anti-inflammatory, antioxidant, and anesthetic properties

If you suffer from toothache, use cloves: they have an almost immediate analgesic and anesthetic effect. A toothpaste based on cloves is also very effective.

If your wisdom tooth hurts you can try scrubbing your gum with a clove or chewing it. It will also help reduce any swelling.

If you want a kiss-proof breath, you just have to resort to the use of cloves. Having an antibacterial action, it acts as a scavenger of the oral cavity, eliminating the germs that are deposited on the tongue, teeth and palate with food and which can cause breath that is not exactly "clean".

Even in the case of a sore throat, you can use these precious buds: they not only relieve it but also allow the irritating sensation of itching, typical of certain sore throats, to pass.